

TekPinoy.biz #69: Sugar Palm (Kaong) in Syrup

Matuto at kumita! Cook your way to wealth

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Below is TekPinoy.biz #69: Sugar Palm (Kaong) in Syrup.

Sugar Palm, locally known as *kaong*, is a minor forest tree that produces an edible fruit. This tree is native to tropical countries in Asia such as the Philippines, Malaysia, and Indonesia.

Kaong fruit is usually preserved and bottled in syrup and used as an ingredient for *halo-halo* and fruit salad, or as a topping to other sweet delicacies.



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On the other hand, its palm sap can be turned into sugar, vinegar, and even wine. Sugar palm products have great value in both the local and export markets.

To support this industry, ITDI prepared a simple recipe of sugar palm (*kaong*) in syrup.

Interested processors of *kaong* in syrup may check out Series No. 50 of ITDI's livelihood technologies under its "*Kitang-Kita Na sa TekPinoy.biz Series.*" The online material is free for all and can be accessed at <http://bit.ly/ITDILivelihoodSeries>.

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Parties can request for online techno demonstration of technologies included in the series.

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