

TekPinoy.biz #58: Pastillas and Polvoron

Matuto at kumita! Cook your way to wealth

Have you ever wondered how you can reach financial freedom in spite of the COVID-19 pandemic?

If you are out of a job or desiring to leave one and feeling cooped up at home, there is a flavorful, easy way out.

"*Kitang-Kita Na sa TekPinoy.biz Series of ITDI*" is the turn of the year learning tool for you. Let the Industrial Technology Development Institute (DOST-ITDI) teach you 55 simple and cheap ways to prepare meat, fish, fruits, and vegetables. For the manly type - muscle up with 14 machine-based technologies.

Below is TekPinoy.biz #58: Pastillas and Polvoron.

If you are looking for a quick dessert to satisfy that sweet tooth, *pastillas* and *polvoron* are the way to go.



Pastillas de Leche originated from San Miguel, Bulacan as a homemade treat developed by carabao farmers using carabao's milk, sugar, and butter. The result is a soft and chewy candy loved by children and adults alike.

Meanwhile, *polvoron* is believed to have started during the American occupation to use up huge amounts of powdered milk brought by the Americans.

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Today, it is a popular *pasalubong* for overseas friends and kin. These two *Pinoy* sweets are available in bite-size pieces and sold in packets or boxes.

With three basic ingredients and a simple recipe, *pastillas* and *polvoron* are perfect for start-up businesses.

Interested processors may now download *How to Make Pastillas and Polvoron Series* No. 38 of ITDI's livelihood technologies under its "*Kitang-Kita Na sa TekPinoy.biz Series*" for free. It can be accessed at <http://bit.ly/ITDILivelihoodSeries>.

Parties can request for online techno demonstration of technologies included in the series.

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