

TekPinoy.biz #44: Passion Fruit Processing

Matuto at kumita! Cook your way to wealth

Have you ever wondered how you can reach financial freedom in spite of the COVID-19 pandemic?

If you are out of a job or desiring to leave one and feeling cooped up at home, there is a flavorful, easy way out.

"Kitang-Kita Na sa TekPinoy.biz Series of ITDI" is the turn of the year learning tool for you. Let the Industrial Technology Development Institute (DOST-ITDI) teach you 55 simple and cheap ways to prepare meat, fish, fruits, and vegetables. For the manly type - muscle up with 14 machine-based technologies.

Below is TekPinoy.biz #44: Passion Fruit Processing.

A passion for business with new exotic flavor from passion fruit

Passion fruit (*Passiflora edulis*) is popular for its wide variety of uses.

Commonly grown in the tropics and sub-tropics, it bears ovoid-shaped fruits with crunchy pulpy seeds and has an exotic tasting juice.

Regarded for a host of health benefits, it improves eyesight, is cancer preventive, and aids in digestion to enhance the immune system.

Its bright yellow juice and nectar can be used either fresh or processed. Many use it to flavor ice cream, sherbets, and fruit nectars or juices. When combined with citrus, pineapple, or other fruit juices, it makes for tangy marmalades, sweet jams, and concentrates.

In some Caribbean and South American countries, locals preserve its pulp, which is considered a delicacy, by heating or freezing. Elsewhere, passion fruit rind is made into candies and preserves.

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Let ITDI, thus, teach you how to make this versatile fruit into your next business passion! Use its e-manual on how to make passion fruit juice, passion fruit nectar, rind candy, and rind preserve.

Passion Fruit Processing is Series No. 44 of ITDI's livelihood technologies under its "Kitang-Kita Na sa TekPinoy.biz Series." The online material is free and can be accessed at <http://bit.ly/ITDILivelihoodSeries>.

Parties can request for online techno demonstration of technologies included in the series.

For particulars, write or call:

Ms. Nelia Elisa C. Florendo

Chief Science Research Specialist
Technological Services Division
Industrial Technology Development Institute
DOST Complex, Bicutan
Taguig City 1631, Metro Manila
Tel. No.: (02) 8837-2071 Local 2265

(RRUDLCruz\ ITDI S&T Media Service)

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Department of Science and Technology INDUSTRIAL TECHNOLOGY DEVELOPMENT INSTITUTE
DOST Compound, General Santos Avenue, Bicutan, Taguig City Tel.: (02) 8837-2071 local 2184 / 2268